

2018-2019
Cookeville
High School
Competition
Dance Team
Tryout Packet

General Tryout Information:

- All grade levels may tryout (incoming 9th-12th grade)
- All applications, teacher recommendations, and signed agreements must be turned in by **Monday, April 30th**
- Team Placement will be posted on Saturday May 5 at 6pm

Tryout Schedule:

Monday, April 30th - Friday, May 4th 4:30-5:30pm at CHS in upper East Gym

Saturday, May 5th 11:30am-1:30pm at Stage One Dance Studio

*Dance Clinic will teach the dancer's skills and choreography needed for tryout. Dance clinic days are **CLOSED** to parents.

*Tryouts are **CLOSED** to parents. Dancers need to appear "Game Day Ready." Dancers are required to wear black leggings, a solid red t-shirt, and tennis shoes. Makeup needs to be neutral, with a red lip. No jewelry. Hair needs to half-up, and curled.

Financial Responsibilities of Dance Team Members

There are significant costs involved in being a dance team member

Individual Cost: (prices may vary)

Warm-ups: \$90.00 (one time cost)	Due on Monday, May 7th
Shoes: \$70.00	Due on Monday, May 7th
Practice T-shirt (2): \$24.00	Due on Monday, May 7th
Competition Uniform: \$100 (two ½ payments)	Due on Monday, May 7th
	Due in Monday, June 4th

***ALL PAYMENTS ARE NON-REFUNDABLE**

What is expected of a dance team member:

Being a part of the Cookeville High School Dance is a huge responsibility. Dancers will be held to high expectations, not only while at school but in their personal lives. In order to have a successful, enjoyable, and productive year, it is important that each dancer clearly understand these expectations. Dancers must abide by these expectations, dancers who fall below or fail to comply can be terminated from the team. Dance is fun and rewarding experience, but a huge responsibility.

Rules and Regulations:

1. As a representative of Cookeville High School, dancers will be expected to serve as examples at all times, whether in or out of uniform.
The following is prohibited:
 - Drinking of alcoholic beverages
 - Use of illegal drugs
 - Tobacco products
 - Use of profane language
 - No derogatory conduct
2. Dancers will be expected to maintain a 3.0 GPA and act as a role model during school. Dancers who fail to maintain or receive disciplinary actions while at school may be terminated.
3. Dancers will be permitted three unexcused absences per season. It is important that dancers are present, not only for themselves but for their team. Choosing to miss more will result in not being able to participate with the team.
4. Dancers are responsible for proper care of uniforms, costume, and poms. If uniforms, costumes, or poms are lost or damaged during the year, dancers will be responsible for the cost of replacing the item. Dancer will return uniforms at the end of year.
5. Dancers will wear appropriate attire to all practices. Dancers are expected to wear a red or navy shirt and black carpi pants or jazz pants and white shoes.
6. Dancers are required to attend all fundraisers in order to preform and compete.

CODE OF CONDUCT CONTRACT

- **CONDUCT RULES: BE RESPECTFUL AND AGE APPROPRIATE.** We expect for our dancers to uphold age appropriate and respectful behavior at all times. If your actions are not deemed appropriate and respectful and do not coincide with this organization's guidelines you will be denied participation on this Dance Team.
- **PRACTICE ETIQUETTE AND BEHAVIOR:** One verbal warning will be given for any unruly behavior in practice. This includes talking, nonparticipation or any behavior disruptive to the team. A dancer will be asked to leave practice in lieu of any other warning. No cell phones during practice.
- **DEDICATION:** There is a level of commitment required to be a part of the Dance Team. You must have a desired level of commitment not just for yourself, but for your ENTIRE team. Being on this team you depend on all of your other team mates to be at practice consistently and do their part in having the knowledge of their routine. If at anytime you are not doing your part as a productive member of this team you will be suspended from the Dance Team.
- **PROBLEMS/ISSUES:** We expect everyone representing our teams to be positive and uplifting. **If you do have a problem we need to know in order to help resolve the situation.**
- **UNIFORMS/PRACTICE ATTIRE:** Practice wear is required. Dancers will wear black leggings, practice shirt, and tennis shoes. No jeans. If proper attire is not worn you will be sat out of practice! Uniforms must be kept clean and in good repair. Members may not wear jewelry or nail polish during a performance. This is a team so we need to look like a uniformed team.
- **PERFORMANCES:** On your competition/performance schedule there will be an arrival time listed and an estimated performance time. Dancers must be at the performance by the ARRIVAL TIME! Dancers must arrive dressed in full uniform, hair and makeup completed specified by the Coach and ready to perform. If the Dancer fails to show up performance ready at the arrival time, the dancer WILL NOT PERFORM.
- **FAMILY/FRIENDS:** We have a CLOSED DOOR POLICY at ALL practices. It is our experience that students are better focused without the distraction of parents, siblings, and friends.

- **PARENTS/RIDES:** It is important that rides for dancers are prompt. Students are to be dropped off for practice **NO EARLIER** than 10 minutes before practice time. They are to be picked up **NO LATER** than 10 minutes after practice is over.

- **DISCIPLINARY ACTION:** Failure to follow the CHS Dance Team Code of Conduct may result in but is not limited to the following actions:
 - Sitting out a practice, performance or competition
 - Suspension/Probation from team
 - Removal from team

- **ATTENDANCE:** Only the reasons listed below are excused from any practice or activity.
 - 1.) Personal illness
 - 2.) Funeral
 - 3.) Special school activity - Must be discussed and approved by the coach in advance
 - 4.) Vacation - with parent's note 2 weeks before.
 - Please note that even an excused absence could cost you a performance depending on the date and length of the absence. A team member who is excused from a practice or event will not be permitted to perform with the team until he/she knows the routine to the coach's satisfaction.
 - A Dancer **CANNOT** miss more than 4 practices throughout the year (use them wisely)!
 - It is required that each dancer and a parent/guardian be present for all parent meetings.
 - If a member knows in advance that they will be late or will be missing a practice/performance, they are to advise the coach immediately. Team members must be present at every mandatory practice for the entire practice time in order to be eligible to participate in upcoming events.
 - If you miss a practice you must make up the material you missed **BEFORE** the next practice. **IT IS YOUR RESPONSIBILITY TO CATCH UP!**

- **COMPETITIONS:** Being selected to compete and perform with the team is a privilege, not a right. If you are cut from a competition please refer to the reasons listed below under the heading **NONPERFORMERS**. When choosing the dancers to take to competition I carefully review all of these factors. Your dancer must have a sharp knowledge of all routines in order to even be considered for this opportunity.
 - Team members must stay with the team during all practices, performances, and competitions unless given permission by the coach to do otherwise!

- **NON-PERFORMERS:** The following reasons determine whether or not a dancer will be allowed to perform. There will be **NO** exceptions to these factors, so please read carefully.
 - Lack of knowledge of a routine.
 - Lack of ability to perform at required skill level for said routine.
 - Attitude not promoting teamwork/sportsmanship. Lack of dedication/commitment being shown toward Dance Team.
 - Lack of improvement shown over time in a given routine.
 - Disregard for the code of conduct and the rules and guidelines governing this organization.
 - Absences the week prior to a performance. Tardiness is also a factor.
 - Missing more than the allotted 4 practices.
 - Dancer's that are on suspension/probation.
 - Not being in proper uniform to perform and performance ready by the arrival time listed on the performance sheet.
 - Not being in attendance for required parent meetings/information sessions.
 - A dancer will not be allowed to practice/perform if an injury occurs for which that dancer is unable to perform at their normal level. Dancers will not be allowed to participate until written clearance is obtained from a doctor.

- **Bottom Line:** If a dancer works hard, comes to practice, behaves themselves and achieves the performance level required, **THEY WILL DANCE.**

- **REFUNDS:** Please be advised that any deposits/money put toward fees, uniforms, warm-ups, tshirts, registration fees, or any other item is **NON-REFUNDABLE.** This is regardless of whether a Dance Team member is suspended from the team or not

Parents,

As a dance team parent, I will hold you to a high standard. I ask that you help make this a positive and great experience for the girls. I also ask that you remember I am the coach and will make decisions for the team. Having so many wonderful dancers and families, I cannot guarantee everyone will always be happy, but I will always make the decision that is best for the team. Also by signing I understand that all payments are non-refundable.

There are certain circumstances in which you may not approach me about. For example: your dancer's position in a dance, or another dancer on the team.

I take each dancer's confidentiality seriously, and will never discuss a dancer with another parent

Please Sign stating that you will comply with the following rules:

Print Name: _____ Date: _____

Sign Name: _____ Date: _____

I _____ and my parent or guardian _____ have read and reviewed the following tryout packet; I understand that being a member of the dance team is a huge responsibility and time commitment. I also, understand if I quit before the 2018-2019 dance season is finish, that I may not tryout again. By signing, I state that will comply with all terms, rules, and regulations.

Student Signature: _____ Date: _____

Parent Signature: _____ Date: _____

Team Member's Name _____

I, the parent/guardian of the above named, have read the CHS Competition Dance Team Code of Conduct and understand all of the requirements in order for my dancer to continue team participation as well as the ramifications if this contract is broken. I fully comply with all rules and regulations within this Dance Team Code of Conduct. I also realize this is a team effort and I will be called upon to help in some way throughout the year with things that are within my capacity to help. I will make every effort to do my share of assisting on behalf of my dancer. I understand I am required to be present for parent meetings or have someone present on my behalf.

Parent/Guardian Signature

Date

As a member of the CHS Competition Dance Team, I have fully read the Code of Conduct and understand what is expected of me to remain a member in good standing. I will keep myself knowledgeable and informed of all rules, and realize the consequences of poor behavior or inappropriate actions. I will do all I can to respect my team mates and coaches at all times.

Dance Team Member Signature

Date

Teacher Recommendations

CHS Dance Team 2018-2019

Please fill out the form and sign. Thank you for taking your time to assist with the selection process.

Student's Name: _____

Rate each student according to their performance in your class. Feel free to add additional comments (5=best, 1= Needs improvement)

_____ Cooperates and gets along with other students

_____ Gets class work and homework done on time

_____ Attendance

_____ Positive Role Model for other students

_____ Attitude

Is this student passing your class? _____

Comments or Concerns: _____

Instructor's signature: _____

Thank you for taking your time to assist with the selection process.

Ashley Sherfield, CHS Dance Coach

cookevillehsdanceteam@gmail.com

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CHS Dance Team 2018-2019

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